

3rd TERM MENU – JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1st	FRIDAY 2nd
			<ul style="list-style-type: none"> Rice with tomato Grilled turkey with salad Seasonal fruit* 	ELECTED DAY
MONDAY 5th	TUESDAY 6th	WEDNESDAY 7th	THURSDAY 8th	FRIDAY 9th
BANK HOLIDAY	<ul style="list-style-type: none"> Macaroni bolognese Sweet ham omelette with tomato salad Fruit salad 	<ul style="list-style-type: none"> Vegetable cream (soup) Croquettes with salad logurt <i>La Fageda</i> 	<ul style="list-style-type: none"> Potato salad **Boiled green beans and potatoes Grilled pork tenderloin with caramelised onions Seasonal fruit* 	<ul style="list-style-type: none"> Three delights fried rice Grilled chicken with salad and tomatoes Seasonal fruit*
MONDAY 12th	TUESDAY 13th	WEDNESDAY 14th	THURSDAY 15th	FRIDAY 16th
<ul style="list-style-type: none"> Seasonal boiled vegetables with potatoes Chicken scallop with salad and olives Fruit salad 	<ul style="list-style-type: none"> Pasta salad Grilled hake with tomato salad Seasonal fruit* 	<ul style="list-style-type: none"> Rice with sweet ham and mushrooms Grilled turkey breast with salad and carrots logurt <i>La Fageda</i> 	<ul style="list-style-type: none"> Broccoli and leek cream (soup) Sweet ham and cheese pizza **Baked hake fillet Seasonal fruit* 	<ul style="list-style-type: none"> Chickpeas in basil oil **Stewed chickpeas Potato omelette and bread with tomato Seasonal fruit*
MONDAY 19th	TUESDAY 20th	WEDNESDAY 21st	THURSDAY 22nd	FRIDAY 23rd
<ul style="list-style-type: none"> Sautéed white beans with ham Tuna stuffed eggs and salad ** Courgette omelette Seasonal fruit* 	<ul style="list-style-type: none"> Rice salad Roasted chicken wings with salad and tomatoes **Chicken thighs Seasonal fruit* 	<ul style="list-style-type: none"> Potato salad **Boiled green beans and potatoes Stewed turkey with vegetables logurt <i>La Fageda</i> 	<ul style="list-style-type: none"> Vegetable cream (soup) Meatballs <i>jardinière</i> (vegetables and sauce) Ice cream 	<ul style="list-style-type: none"> Wholegrain spaguetti <i>Napolitana</i> Grilled hake fillet with salad and olives Seasonal fruit* <p>(ONLY FOR I1 AND I2)</p>
MONDAY 26th	TUESDAY 27th	WEDNESDAY 28th	THURSDAY 29th	FRIDAY 30th

**I1, I2 and I3

*Apple, pear, banana, strawberries, melon, loquat, nectarine and peach

Note: Occasionally there may be some changes in the menu due to reasons beyond the school's control