

## **SEPTEMBER'S MENU 2024**

MONDAY 2nd	TUESDAY 3rd	WEDNESDAY 4th	THURSDAY 5th	FRIDAY 6th
		<ul> <li>Boiled green beans and potatoes</li> <li>French omelette with pa amb tomàquet</li> <li>Green salad with nuts</li> <li>Yoghurt La Fageda</li> </ul>	<ul> <li>Lentil salad with tomato, tuna, egg and olives</li> <li>Chicken croquettes</li> <li>Green salad with nuts</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Macaroni in Neapolitan sauce</li> <li>Stewed turkey with vegetables</li> <li>Fruit salad</li> </ul>
MONDAY 9th	TUESDAY 10th	WEDNESDAY 11th	THURSDAY 12th	FRIDAY 13th
<ul> <li>Creamy leek and potato soup with bread croutons</li> <li>Ham and cheese pizza         **Chicken croquetes</li> <li>Carrot sticks</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Chickpeas in basil oil</li> <li>**Stewed chickpeas</li> <li>Battered calamari</li> <li>Sweet corn and green salad</li> <li>Seasonal fruit*</li> </ul>	BANK HOLIDAY	<ul> <li>Rice with tomato sauce</li> <li>Roasted chicken in lemon sauce</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Noodle casserole</li> <li>Potato and onion omelette with pa amb tomàquet</li> <li>Green salad with nuts</li> <li>Sliced orange with honey</li> </ul>
MONDAY 16th	TUESDAY 17th	WEDNESDAY 18th	THURSDAY 19th	FRIDAY 20th
<ul> <li>Rice with tomato sauce</li> <li>Battered hake with tomatoes and fresh cheese</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Creamy pumpkin soup with brown bread croutons</li> <li>Meatballs jardinière (vegetables and sauce)</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Tagliatelle pasta with pesto sauce</li> <li>Chickpea hamburger</li> <li>Green salad with carrots</li> <li>Yoghurt La Fageda</li> </ul>	<ul> <li>Stewed lentils with vegetables</li> <li>Potato and onion omelette with pa amb tomàquet</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Boiled green beans and potatoes</li> <li>Chicken escalope with french fries</li> <li>Fruit salad</li> </ul>
MONDAY 23rd	TUESDAY 24th	WEDNESDAY 25th	THURSDAY 26th	FRIDAY 27th
FREE ELECTED DAY	BANK HOLIDAY	<ul> <li>Fideuada</li> <li>Grilled turkey with caramelised onions</li> <li>Green salad with diced apple and sunflower seeds</li> <li>Yoghurt La Fageda</li> </ul>	<ul> <li>Potato salad with boiled egg, tomato, tuna and olives</li> <li>Vegetable lasagna</li> <li>Seasonal fruit*</li> </ul>	<ul> <li>Mushroom risotto</li> <li>Diced chicken with curry and rice</li> <li>Fruit salad</li> </ul>
MONDAY 30th				
<ul> <li>Chickpeas in basil oil         **Stewed chickpeas</li> <li>Potato and onion omelette         with pa amb tomàquet</li> <li>Green salad with nuts</li> <li>Seasonal fruit*</li> </ul>				

<sup>\*\*</sup>I1, I2 and I3

<sup>\*</sup> Apple, pear, banana, strawberries, mandarins and orange