

FEBRUARY'S MENU 2025

MONDAY 3rd	TUESDAY 4th	WEDNESDAY 5th	THURSDAY 6th	FRIDAY 7th
 Creamy pumpkin soup with croutons Ham and cheese pizza **Chicken croquettes Seasonal fruit* 	 Stewed lentils Battered calamari with tomato salad and fresh cheese Seasonal fruit* 	 White rice with prawns, french omelette & ham Grilled tenderloin with garlic and parsley Green salad and sweet corn Yoghurt La Fageda 	 Mashed potatoes and cabbage Roasted chicken in orange sauce Seasonal fruit* 	FREE ELECTED DAY
MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
 Noodle casserole Chicken croquettes with tomatoes and fresh cheese Seasonal fruit* 	 Rice with tomato sauce Stewed veal (<i>fricandó</i>) with mushrooms and carrots Seasonal fruit* 	 Creamy vegetable soup with croutons Diced chicken with curry and rice Yoghurt La Fageda 	 Stewed chickpeas Potato and onion omelette with pa amb tomàquet Seasonal fruit* 	 Tagliatelle pasta with pesto sauce Oven-baked cod with potatoes, onions and carrots Fruit salad
MONDAY 17th	TUESDAY 18th	WEDNESDAY 19th	THURSDAY 20th	FRIDAY 21st
 Steamed vegetables Grilled tenderloin with caramelised onion Seasonal fruit* 	 Broth Chicken hamburger with sweet potato chips Seasonal fruit* 	 Chickpeas in basil oil **Stewed chickpeas Potato and onion omelette with pa amb tomàquet Yoghurt La Fageda 	 Peas with bacon and potatoes Grilled turkey breast with tomato salad and fresh cheese Seasonal fruit* 	 Macaroni with tomato sauce and grated cheese Oven-baked hake fillet with potatoes and cherry tomatoes Fruit salad
MONDAY 24th	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
 Spaguetti carbonara Potato and onion omelette with pa amb tomàquet Seasonal fruit* 	 Stewed lentils with rice Oven-baked cod with vegetables Seasonal fruit* 	 Boiled green beans and potatoes Stewed turkey with vegetables and sauce (jardinière) Yoghurt La Fageda 	 Vegatable soup with pasta Chicken escalope with french fries Seasonal fruit* 	 Creamy leek and potato soup with croutons Veal meatballs with peas, onion and carrots Seasonal fruit*

^{**}I1, I2 and I3

Note: Occasionally there may be some changes in the menu due to reasons beyond the school's control

^{*}Apple, pear, banana, mandarines and orange