

# MARCH'S MENU 2025

MONDAY 3rd	TUESDAY 4th	WEDNESDAY 5th	THURSDAY 6th	FRIDAY 7th
<b>FREE ELECTED DAY</b>	<ul style="list-style-type: none"> <li>▪ <i>Fideuada</i> with garlic sauce</li> <li>▪ Oven-baked hake fillet with tomato salad and fresh cheese</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Mashed potatoes and cabbage</li> <li>▪ Stewed veal (<i>fricandó</i>) with mushrooms and carrots</li> <li>▪ Yoghurt <i>La Fageda</i></li> </ul> <p><i>3rd &amp; 4th grade will eat pizzas they will make in occasion of the <b>Creative Week</b></i></p>	<ul style="list-style-type: none"> <li>▪ Broth with pasta (<i>galets</i>)</li> <li>▪ Roasted chicken in orange sauce</li> <li>▪ Seasonal fruit*</li> </ul> <p><i>Early Years, 1st, 2nd, 5th &amp; 6th grade will eat pizzas they will make in occasion of the <b>Creative Week</b></i></p>	<ul style="list-style-type: none"> <li>▪ Stewed lentils with rice</li> <li>▪ Potato and onion omelette with <i>pa amb tomàquet</i></li> <li>▪ Fruit salad</li> </ul>
MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
<ul style="list-style-type: none"> <li>▪ Steamed vegetables with potatoes</li> <li>▪ Breaded tenderloin with green salad and tomatoes</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tagliatelle pasta with pesto sauce</li> <li>▪ Potato and onion omelette with <i>pa amb tomàquet</i></li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Stewed beans with garlic and parsley</li> <li>▪ Stewed turkey with diced potatoes</li> <li>▪ Yoghurt <i>La Fageda</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ Cuban rice (with tomato sauce and hard-boiled egg)</li> <li>▪ Oven-baked cod fillet with potatoes and cherry tomatoes</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Creamy vegetable soup with bread croutons</li> <li>▪ Diced chicken with curry and rice</li> <li>▪ Fruit salad</li> </ul>
MONDAY 17h	TUESDAY 18th	WEDNESDAY 19th	THURSDAY 20th	FRIDAY 21st
<ul style="list-style-type: none"> <li>▪ Stewed lentils with vegetables</li> <li>▪ Oven-baked hake with vegetables</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Boiled green beans and potatoes</li> <li>▪ Grilled turkey breast with caramelized onions</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Creamy leek and potato soup with bread croutons</li> <li>▪ Rice with prawns, french omelette and ham</li> <li>▪ Yoghurt <i>La Fageda</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ Noodle soup</li> <li>▪ Roasted chicken with carrots, onions and dried plums</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Macarroni with tomato sauce and grated cheese</li> <li>▪ Potato and onion omelette with <i>pa amb tomàquet</i></li> <li>▪ Fruit salad</li> </ul>
MONDAY 24th	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
<ul style="list-style-type: none"> <li>▪ Peas with bacon and potatoes</li> <li>▪ Battered hake fillet with green salad and tomatoes</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Broth</li> <li>▪ Potato and onion omelette with <i>pa amb tomàquet</i></li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Chickpeas in basil oil</li> <li>▪ **Stewed chickpeas</li> <li>▪ Grilled pork tenderloin with garlic and parsley</li> <li>▪ Green salad and sweet corn</li> <li>▪ Yoghurt <i>La Fageda</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ Spaguetti carbonara</li> <li>▪ Stewed turkey with vegetables and sauce (<i>jardinière</i>)</li> <li>▪ Seasonal fruit*</li> </ul>	<ul style="list-style-type: none"> <li>▪ Creamy courgette soup with bread croutons</li> <li>▪ Ham and cheese pizza</li> <li>▪ **Chicken croquettes</li> <li>▪ Fruit salad</li> </ul>
MONDAY 31st				
<ul style="list-style-type: none"> <li>▪ Lentil salad with tomato, tuna, egg and olives</li> <li>▪ Veal meatballs with peas, onion and carrots</li> <li>▪ Seasonal fruit*</li> </ul>				

\*\*I1, I2 and I3

\*Apple, pear, banana, mandarines and orange

Note: Occasionally there may be some changes in the menu due to reasons beyond the school's control